

The Bill Drill

One of my favorite practice games is the Bill Drill: IPSC target at 7 yards, hands over shoulders starting position; at the beep draw and fire six shots. The goal is all A-zone hits in 2 seconds or less for a Master level shooter. The drill doesn't "count" unless they're all As. Make your own time limit, but put it past the edge of comfort.

With a target, what do you need to see? One thing you might notice is that you've gotten in a blind rush to make the time. So what did (or didn't) you see? Sometimes recollecting what you didn't see tells as much as knowing what you did see.

The Bill Drill is not a national competition. It's an entertaining exercise. It's interesting to monitor the state of your mind and body when you stand there and attempt the drill time and time again. Compare that feeling to coming out cold and hammering a drill out. Also try adding shots or changing



Above: The Bill Drill is one of Enos' favorites. Everything comes into play on this simple exercise: Draw and fire six shots into the A-zone in 2 seconds or less.

distance, or both. One of my ultimate practice thrills with an Open Class gun was an 18-shot Bill Drill, and one of the most challenging is a 50-yard run.