



*Left: Eliminating a target might be one of the first things you should try to learn to shoot better. Point the gun at a dirt bank and tee off. Observe what happens to the gun, the sight, the dirt, everything.*

## **Eliminate Blinking**

Besides the dry runs and experiments with vision, there are a few live-fire exercises I recommend to help you understand more about seeing and shooting targets more fluidly and naturally.

The first step in learning to observe the shooting is to ensure that you are, indeed, observing. Some people blink as the gun fires. The eye blink can come so quickly as to go unnoticed, but valuable information is being lost in the process because the shot happens even more quickly. Losing the sight at the moment of firing makes Type 4 focus impossible. Missing shot calls should alert you to this possibility.

To cure this habit, aim the gun on a target, preferably a dark target, and watch for muzzle flash. If you see the front sight lift in recoil silhouetted by the orange muzzle flash, you know you didn't blink.