

Commonly Used Powders For The .223 Remington

Manufacturer	Powder	Manufacturer	Powder
Accurate Arms	2015BR	Hercules	RL-7*
	2230		RL-12
	2460*		RL-15
	2520		IMR-4198
Hodgdon	BL-C (2)	IMR Co.	IMR-3031
	H4198		IMR-4895
	H335*		IMR-4064
	H4895		IMR-4320
	H332		680
	Varget		748*
			Winchester

*Shows favored powders, proven to be accurate

.223 Remington Physical Dimensions

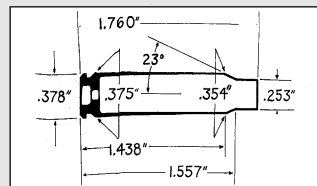
Case	Average Weight	Average Capacity (Water)
HS PS 5.56 80.07	95.53 grains	31.5 grains
Olin WCC 86	97.13 grains	31.47 grains
HS PS 81	96.5 grains	30.53 grains
Federal	94.8 grains	32.27 grains
Frontier	95.73 grains	31.07 grains

Diameter

Rim	Shoulder	Mouth	Bullet
0.378 in.	0.3542 in.	0.253 in.	0.2245 in.

Length

Base to Shoulder	Case	Overall
1.4381 in.	1.760 in.	2.260 in.



.223 Remington Bullet Selection

Manufacturer	Weight In Grains										
	40	45	50	52/53	55	60	62	63/64	68/69	70	80
Barnes		X		X							
Hornady	X	X	X	X	X	X				X	
Nosler		X	X	X	X	X			X		
Sierra	X	X	X	X	X	X		X	X		X
Speer	X	X	X	X	X		X			X	