

Staying Comfortable

As mentioned earlier, the line noise during the long-range event is deafening. One shooter even wore a motorcycle helmet, but the rest of us have settled for wearing top-quality plugs and ear muffs together.

As for other comfort measures, I wore P.A.S.T. recoil gloves when using the Glenn gun. Even though the grip and compensator are well-designed, there was still a very firm slap in the heel of the palm after each round, and it doesn't take too many slaps before your brain tells you that what you are doing to your hand is no longer fun.

Whether shooting from the Creedmore or prone position, the strong-side elbow can take a pounding, too. I wear a very thick gel pad for protection. When practicing, I even shoot from a thick, padded shooting mat to increase the protection. These tricks decrease the distraction and difficulty of shooting up to your best, and in the long run, protect the joints, tendons, nerves, and muscles. Shooting those long-range targets is tremendous fun, but there's no sense in abusing yourself.



Above: P.A.S.T. recoil gloves dampen the Glenn gun's recoil, and a very thick gel pad adds protection on the strong arm. An arm bandoleer makes it easier to load from the standing position.